PAEDIATRIC NORMAL VALUES

PEAK EXPIRATORY FLOW RATE

For use with EU / EN13826 scale PEF meters only

| Height (m) | Height (ft) | Predicted EU PEFR (L/min) | Height (m) | Height (ft) | Predicted EU PEFR (L/min) |
|------------|----------------|-------------------------------------|---------------|----------------|-------------------------------------|
| 0.85 | 2'9" | 87 | 1.30 | 4'3" | 212 |
| 0.90 | 2'11" | 95 | 1.35 | 4'5" | 233 |
| 0.95 | 3'1" | 104 | 1.40 | 4'7" | 254 |
| 1.00 | 3'3" | 115 | 1.45 | 4'9" | 276 |
| 1.05 | 3'5" | 127 | 1.50 | 4'11 | 299 |
| 1.10 | 3'7" | 141 | 1.55 | 5'1 | 323 |
| 1.15 | 3'9" | 157 | 1.60 | 5'3" | 346 |
| 1.20 | 3'11" | 174 | 1.65 | 5'5" | 370 |
| 1.25 | 4'1" | 192 | 1.70 | 5'7" | 393 |

Normal PEF values in children correlate best with height; with increasing age, larger differences occur between the sexes. These predicted values are based on the formulae given in Lung Function by J.E. Cotes (Fourth Edition), adapted for EU scale Mini-Wright peak flow meters by Clement Clarke.

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Mini-Wright (Standard Range) EU scale Blue text on a yellow background

Single Patient Use: Part Ref: 3103388 Multiple Patient Use: Part Ref: 3103387 NHS Logistics Code: FDD 609 Mini-Wright (Low Range) EU scale Blue text on a yellow background

Single Patient use: Part Ref: 3104708 Multiple Patient Use: Part Ref: 3104710

For more information, visit the website www.peakflow.com



Precision by Tradition