



Healthier Together

Improving the health of babies, children and
young people throughout Hertfordshire
and West Essex



**Hertfordshire and
West Essex**

Scan the **QR code** for
health advice this **Summer**

**Travel
vaccination**



**Looking after your
child's teeth**



**Managing
allergies**



Nose bleeds



Measles



Rashes



Summer safety



Hay fever



**Health Advice
for Families**

Help on hand for parents and carers at
www.hwehealthiertogether.nhs.uk