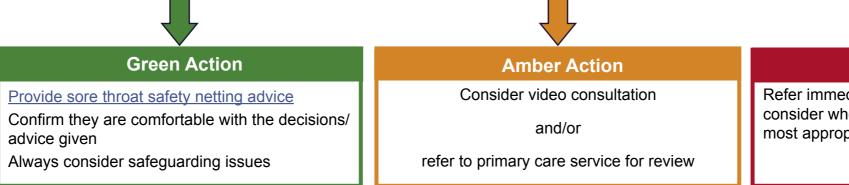
## Sore throat pathway



## **Clinical support tool for remote clinical assessment**

Clinical findings	Green – Iow risk	Amber – intermediate risk	
Colour Activity	<ul> <li>Normal colour of skin, lips and tongue</li> <li>Responds normally to social cues</li> <li>Content/smiles</li> <li>Stays awake or wakens quickly</li> <li>Strong normal cry / not crying</li> </ul>	<ul> <li>Pallor</li> <li>Reduced response to social cues</li> <li>Wakes only after prolonged stimulation</li> <li>Infant (under 1 year) not feeding</li> </ul>	<ul> <li>Blue or grey of</li> <li>Unable to rou</li> <li>Clinician cond (Weak, high p</li> </ul>
Respiratory	None of amber or red symptoms	<ul> <li>RR 50-60 breaths/min if aged &lt;12 months</li> <li>RR 40-50 breaths/min if age 1-5 years</li> <li>RR 25-30 breaths/min if age 6 -11 years</li> <li>RR 20-25 breaths/min if age ≥12 years</li> <li>Mild/moderate respiratory distress</li> </ul>	<ul> <li>Grunting or set</li> <li>RR &gt;60 breat</li> <li>RR &gt;50 breat</li> <li>RR &gt;30 breat</li> <li>RR &gt;25 breat</li> </ul>
Circulation / hydration	None of amber or red symptoms	<ul> <li>Cold hands and feet in absence of fever</li> <li>Reduced urine output</li> <li>Not tolerating fluids</li> <li>Unable to swallow saliva</li> </ul>	
Other	<ul> <li>None of amber or red symptoms</li> <li>Associated with runny nose/cough with other family</li> </ul>	<ul> <li>Difficulty opening mouth</li> <li>Absence of cough/coryza</li> <li>Age 3-6 months with temp ≥39° (102.2°F) with no clear focus of infection</li> <li>Fever for ≥ 5 days</li> <li>Additional parental/carer support required</li> <li>Lower threshold for face to face review if significant chronic co-morbidities</li> <li>Symptoms for &gt;72 hours and getting worse</li> </ul>	• Age 0-3 mon



This guidance has been reviewed and adapted by healthcare professionals across HWE with consent from the Hampshire development groups

This document was arrived at after careful consideration of the evidence available including but not exclusively NICE, SIGN, EBM data and NHS evidence, as applicable. Healthcare professionals are expected to take it fully into account when exercising their clinical judgement. The guidance does not, however, override the individual responsibility of healthcare professionals to make decisions appropriate to the circumstances of the individual patient in consultation with the patient and / or carer.





## Red – high risk

colour

ouse or if roused does not stay awake ncerns about nature of cry in infant pitched or continuous)

severe respiratory distress aths/min if aged <12 months aths/min if age 1-5 years aths/min if age 6 -11 years aths/min if age  $\geq$ 12 years

onths with temp  $\geq 38^{\circ}$  (100.4°F)



## **Red Action**

Refer immediately to emergency care consider whether 999 transfer or parent/taxi most appropriate based on clinical acuity etc.

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